

# THE SYSTEMS HEALTH CARE VIDEO SERIES

## **VIDEO 1: The Systems Health Care Technique Part I: Basic Procedures and Implementation**

*Total Time - 2:26.50*

VIDEO1 1. Introduction

VIDEO1 2. Establishing Normal Muscle Function

VIDEO1 3. Injury Patterns

VIDEO1 4. Injury Recall Technique (IRT)

VIDEO1 5. Identifying the Injury Location

VIDEO1 6. Treating the Injury

VIDEO1 7. Finding Injury Patterns with Compression

VIDEO1 8. Nociceptor Stimulation Blocking (NSB) and Set Point (SP) Techniques

VIDEO1 9. Differentiation Between Performing NSB or SP Technique

VIDEO1 10. Cranial Faults and Pre-test Imaging

VIDEO1 11. The Cranial Fault Injury Connection

VIDEO1 12. Cranial Faults Indicating an Immune System Problem or TMJ Dysfunction

VIDEO1 13. Cranial Faults Requiring Manual Correction

VIDEO1 14. Unresponsive Flexors and Extensors

VIDEO1 15. Same Limb Flexor/Extensor Injury Link

VIDEO1 16. The Temporomandibular Joint (TMJ) and Tooth Issues

VIDEO1 17. The Diaphragm and Identifying Tricky Muscle Inhibitions

VIDEO1 18. The Supine Gait Procedure

VIDEO1 19. Further Evaluation via the Supine Gait Procedure

VIDEO1 20. "All Strong" and "All Weak" Conditions

VIDEO1 21. Organ Evaluation and Parasympathetic vs. Sympathetic

VIDEO1 22. Conclusion

# **THE SYSTEMS HEALTH CARE VIDEO SERIES**

## **VIDEO 2: The Systems Health Care Technique Part II: Evaluating and Treating Organs**

*Total Time - 2:37.40*

- VIDEO2 1. Introduction
- VIDEO2 2. Assessing Parasympathetic Vs. Sympathetic Using the Visceral Referred Pain Areas
- VIDEO2 3. Chapman's Reflexes
- VIDEO2 4. Acupressure Pulse Points
- VIDEO2 5. Homeopathic Vial and Magnet Testing
- VIDEO2 6. Tonic Labyrinthine Reflex (TLR)
- VIDEO2 7. The Concept of "51%ers"
- VIDEO2 8. Testing Procedures and Type III Manual Muscle Testing
- VIDEO2 9. Introduction to Organs
- VIDEO2 10 Adrenal Glands
- VIDEO2 11 Bladder
- VIDEO2 12 Brain
- VIDEO2 13 Diaphragm
- VIDEO2 14 Ears and Eyes
- VIDEO2 15 Gallbladder
- VIDEO2 16 Heart
- VIDEO2 17 Kidney
- VIDEO2 18 Large Intestine
- VIDEO2 19 Liver
- VIDEO2 20 Lungs
- VIDEO2 21 Pancreas
- VIDEO2 22 Parathyroid
- VIDEO2 23 Parotid Glands
- VIDEO2 24 Pineal Gland
- VIDEO2 25 Pituitary Gland
- VIDEO2 26 Ovaries and Testes Prostate and Uterus
- VIDEO2 27 Sinuses
- VIDEO2 28 Small Intestine
- VIDEO2 29 The Immune System: Spleen and Thymus
- VIDEO2 30 The Lower Sternum Immune Circuit
- VIDEO2 31 Stomach
- VIDEO2 32 Thyroid
- VIDEO2 33 Conclusion

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## **VIDEO 3: The Systems Health Care Technique Part III: Essential Techniques**

*Total Time - 2:51.40*

VIDEO3 1.Intro

VIDEO3 2.The TMJ Dysglycemia Technique

VIDEO3 3.Fatty Acid Imbalances, Deficiencies, and Inflammation

VIDEO3 4.Aerobic and Anaerobic Evaluation and Correction

VIDEO3 5.The Subluxation Challenge and Correction

VIDEO3 6.Heart Rate Variability Assessment

VIDEO3 7.Diaphragmatic Evaluation, Correction and Rehabilitation

VIDEO3 8.Emotional Stress Assessment and Correction Procedures

VIDEO3 9.Evaluating and Correcting Complex Gut Issues

VIDEO3 10 Connective Tissue Challenge Procedures

VIDEO3 11 Identifying and Correcting Sleep Problems

VIDEO3 12.Comprehensive Gait Evaluation

VIDEO3 13 Essential Rehabilitation Movements

VIDEO3 14 Systems Health Care Implementation

VIDEO3 15 Workshops and Test Kits

VIDEO3 16 Conclusion